

## **Leaving and Returning To Dock**

### **Small Boats**

1. Double check to make sure your centerboard is down and your plugs are in before casting off.
2. Have your sails raised before casting off.
3. When backing, tiller is held in the direction you want the bow to turn. Main should be luffing, and jib should be either luffing, or back-winded.
4. If you are by yourself, “walk” the boat up until you are by the shrouds (and the boat is perpendicular to the docks). This makes it easier to get into the boat and grab the tiller.
5. NEVER DOCK DOWNWIND.
6. Do NOT try to “ride” up the docks when returning to dock; they are not low enough in the water to do so, and you WILL damage the bow.
7. Always try to approach the dock on a beam reach. This makes it easier to luff your jib and main, and then quickly pull in the main again if you need a little burst of speed.
8. Your approach should be slow enough so that you glide to a stop at the dock, sails luffing.
9. If you are by yourself, glide up to the dock, and get off the bow at the last moment.

### **Capri 22s**

1. When leaving the dock, undo the bow line and give the bow a little shove before undoing the stern line; this will let you immediately start sailing away.
2. NEVER DOCK DOWNWIND. Always dock with your bow facing the mooring field.
3. In normal trade conditions, come towards the dock on a beam reach. Give yourself a couple of boat lengths or so away from the dock. Turn into the dock and luff your sails. As your bow nears the dock, turn gradually to starboard in order to pull up alongside the dock.
4. Cleat off the bow line before the stern line.