

*MCB Hawai'i  
Kaneohe Bay  
Welcome  
Aboard  
Packet*



Aloha and welcome to Marine Corps Base Hawaii, the premier installation for modern warfighters. This packet contains some resources and services that may be helpful to you and your family as you get settled in to your new island home, but for general information please feel free to reach out to your sponsor, unit DRC, S-1 or:

**HAWAII MILITARY & LOCAL COMMUNITY INFORMATION**

Hawaii Military Operator: (808) 449-7110

- <http://www.mcbhawaii.marines.mil/Welcome-Aboard/Inbound-Arrival-Info/>

**INFORMATION, REFERRAL AND RELOCATION SERVICES**

Information and Referral (I&R) can assist you in locating the services & resources you need when you are not sure where to look or have trouble reaching an office. I&R also conducts a variety of workshops, classes and runs the base Lending Locker for kitchen items (no linen service is available on base so please pack some towels and sheets or budget for purchase of linens).

I&R is also the central check-in for Marine and Family Programs and located in building 579 (the old CDC near the Officers' Club on reed road), but virtual check in and out can be done by emailing: [ombkbay.fmeapr@usmc-mccs.org](mailto:ombkbay.fmeapr@usmc-mccs.org) or calling 808-257-7786.

Lending Locker Services: <http://mccshawaii.com/moving> . Must have an appointment for pick-up and return of items. Please call 808-257-7786, Monday through Friday from 0800 to 1600.

**Please be aware that many services are currently operating on an adjusted schedule or require an advanced appointment due to the current COVID-19 force protection health conditions so be sure to call or email before you visit an activity in person.**

**ARRIVAL / INBOUND MATTERS:**

**Check-in Procedures**

Due to COVID-19 health protection requirements all arrivals must first report to medical and then quarantine for 14 days in a special temporary lodging facility area. Once this is complete service members can report in to the new command. There is a virtual COVID-19 check-in system in place that would allow you to complete some check-in requirements from your TLF room while in quarantine if you want to get ahead. Please be aware that TLA/ arrival entitlements are tied into the check in procedures. **Any delays will result in non-reimbursable expenses and/or forfeit of entitlements so please call or email your unit S-1 and TLA in the IPAC office prior to arrival on island at [mcbh.tla.fmb@usmc.mil](mailto:mcbh.tla.fmb@usmc.mil) to confirm their requirements.**

**First Duty Station Service Members:** Must complete the PRS (Personal Readiness Seminar) 90 days from arriving to MCB Hawaii. This can be accessed on JKO (Joint Knowledge Online - <https://jkodirect.jten.mil>) and search for "Personal Readiness Seminar" in the course catalog (J30 or P-US1395). Submit your certificate to your S-1 training & education section.

**What to do if you Get Married Enroute?**

It is highly recommended that you give your command advanced notice that you are getting married so you can prepare for what you need to do upon arrival and understand what will and will not be covered. If you get married en route to Hawaii, you must inform your Hawaii command immediately and get guidance from them. Most units have a pre-marriage check-lists (usually with the S-1) that provides guidance.

**Travel Planning**

Service members arriving with family members should make reservations at "The Inns of the Corps" which is the temporary lodging facility on MCBH. The Inns of the Corps can be contacted at 808-254-2806 or online: <http://innsofthecorps.com/index.html>

If the Inns of the Corps is fully booked and unavailable for the dates you need you will need a statement of non-availability from them. The Ford Island Navy Lodge is recommended as a second choice or for those that will be working at Camp Smith. Any non-military lodging must be vetted through the TLA office to ensure that it is TLA approved lodging.

Geo-Bachelors arriving without their family members and single officers may contact the Five Palms to make reservations for temporary lodging at these respective offices:

- E6 to E9 - Unaccompanied Personnel Housing (UPH) at 808-257-2409
- Officers - Bachelors Officer Quarters (BOQ) at 808-257-2409

**\*If government lodging is available, it must be utilized first. If reservation/arrangement is made at other than a government lodging facility, reimbursements may not be authorized. Third party vendors such as hotels.com or expedia are also not authorized. Reservations must be booked directly with the lodging facility.**

**\*\*DO NOT sign a contract or place a deposit to rent, lease or buy an off-base apartment/house PRIOR to checking in with TLA & Housing office. This action may FORFEIT your TLA entitlement.**

### **PERSONAL PROPERTY**

#### **Distribution Management Office (DMO)**

<https://www.mcbhawaii.marines.mil/Offices-Staff/S-4-Installations-Environment-Logistics/Distribution-Management-Office/Contact-Us/>

Claims packages can be obtained at this website, (<http://www.jag.navy.mil/>), by simply clicking on the claim icon at the lower right hand side of the homepage screen. The claims package contains detailed step by step instructions on completing your claim. DMO on MCBH may also provide additional assistance to HHG and POV claims. Be sure to keep lots of documentation on value and condition of items prior to shipping.

### **FIREARMS REGISTRATION – on OAHU & MCBH**

Any firearms brought to Hawaii must be registered with the state. Registration paperwork is necessary in order to PCS off island. If you try to hide firearms in your shipment and they are discovered your house hold goods will be seized and you may be subject to fines or other penalties.

- Honolulu Police Department: <http://www.honoluluupd.org/information/index.php?page=gunmain>
- MCBH: <https://www.mcbhawaii.marines.mil/Offices-Staff/Provost-Marshals-Office/>

### **HOUSING ON & OFF BASE**

- **MCBH Family Housing Department:** <https://www.mcbhawaii.marines.mil/Offices-Staff/S-4-Installations-Environment-Logistics/Family-Housing/>
  - FREE - Temporary “Aloha Furniture” available for families living off base. Housing facilitates the delivery so please ask about Aloha loaner furniture at your appointment. The utilities deposit waiver program is also available for anyone living off base to get free set-up.
- **Hunt Military Community:** <https://www.ohanavycommunities.com/contact-us>
  - FREE - Temporary “Aloha Furniture” available for families living in base quarters until HHG arrives. Aloha Furniture is a delivery service and can be coordinated through your community resident services officer.
- **Off Base Housing Search:**
  - DoD Sponsored housing search: [www.Homes.mil](http://www.Homes.mil)

### **RELIGIOUS SERVICES**

- MCBH Chapel: [www.mcbhawaii.marines.mil/Offices-Staff/Chaplain](http://www.mcbhawaii.marines.mil/Offices-Staff/Chaplain)
  - Address: 2702 Cushman Ave, Kailua, HI 96734
  - Bldg. 6677 (near McDonalds on base), Phone: (808) 257-5138
  - In case of emergency, if someone needs to talk to a chaplain after business hours, the number is 808 927 6583.
  - Non-Denominational Service: 1100 on Sundays, Catholic Mass: 1700 on Sundays

## **MEDICAL & HEALTH CARE on OAHU**

- TRICARE online: <http://www.tricare.mil/>  
There are no TRICARE offices in Hawaii. Customer service can be accessed via the Tricare website or calling their Western region call center at 1-844-866-9378.  
**\*Tricare has a 24 hour nurse advice line at 1-800-874-2273, option 1.**
- MCBH Naval Health Clinic: Central Appointment Line, 808-683-2778.
- Tripler Army Medical Center: <https://www.tamc.amedd.army.mil/clinics/patientAffairs.htm>
- Please note that the closest hospital to MCBH is a civilian hospital called Castle Medical Center in Kailua. MCBH has emergency services access so please call 911 if you experience an emergency medical issue and an ambulance will come. The MCBH clinic on base does not have emergency services so please do not go to the clinic for an emergency.

### Dentists on Oahu:

- TRICARE Dental - Find a Dentist on Oahu tool: <https://employeedental.metlife.com/dental/public/EmpEntry.do>
- 2020 Best Dentists on Oahu: [www.honolulumagazine.com/Honolulu-Magazine/February-2020/The-Best-Dentist-In-Hawaii-2020/](http://www.honolulumagazine.com/Honolulu-Magazine/February-2020/The-Best-Dentist-In-Hawaii-2020/)

## **Family Care Services for Children, Youth, and Adults**

- Children & Youth Program (CYP): <http://mccshawaii.com/familycare/>
- Exceptional Family Member Program (EFMP): <http://mccshawaii.com/efmp/>

### **Children in School:**

- The MCBH School Liaison Program Coordinator is Ms Amy Solomon ([Amy.Solomon@usmc.mil](mailto:Amy.Solomon@usmc.mil)) at (808)257-2019, <http://mccshawaii.com/?s=School+Liaison>
- NO DoDEA schools in Hawaii
- Hawaii Department of Education:  
<http://www.hawaiipublicschools.org/Pages/Home.aspx>

### **After school care resources**

- ASYMCA: <https://www.asymca.org/honolulu-hi>
- Kama'aina Kids: <http://www.kamaainakids.com/>
- School Age Care: <http://mccshawaii.com/school-age-care/>

### **Financial Services**

- **Navy-Marine Corps Relief Society** MCBH- Building 4016, (808) 257-1972

Call the local NMCRS office: [www.nmcrs.org/locations](http://www.nmcrs.org/locations)

Contact us at [volunteersupport@nmcrs.org](mailto:volunteersupport@nmcrs.org)

- **Personal Financial Management Program (PFMP)** MCBH- Building 220, (808) 257-7783  
<http://mccshawaii.com/pfmp/>

- **MCBH Military Finance Office** MCBH- Building 216, (808) 257-7764  
<https://www.mcbhawaii.marines.mil/Offices-Staff/S-8-Comptroller/Military-Finance-Office/Travel/>

## **EMPLOYMENT RESOURCES & OPPORTUNITIES**

Family Member Employment Assistance Program (FMEAP) MCBH- Building 579, (808) 257-8354 <http://mccshawaii.com/moving>

The Family Member Employment Assistance Program (FMEAP) advises military spouses, active duty, veterans and DOD civilians to make career decisions through an informed approach. FMEAP supports the achievement of personal and professional goals through employment, education, and volunteer resources and referrals.

- Military Spouse Residency Relief Act (MSRRA):

<http://jag.navy.mil/organization/documents/tax/TIM%2002-10%20Encl%202.pdf>

- Military Spouse Preference Program <http://www.secnave.navy.mil/donhr/How-To-Apply/Pages/Default.aspx>
- MCBH: <http://mccshawaii.com/fmeaprs/>
- MCCS: <http://mccshawaii.com/careers/>
- Army Air Force Exchange Services (AAFES): [https://odin.aafes.com/employment/EXCHANGE\\_EMPLOYMENT/HTML/start.html](https://odin.aafes.com/employment/EXCHANGE_EMPLOYMENT/HTML/start.html)
- Army MWR: <http://www.armymwr.com/hr/employment.aspx>
- City & County of Honolulu: <http://www.honolulu.gov/hr.html>
- Civilian Air Force Jobs: <http://afciviliancareers.com/>
- Civilian Army Jobs: <http://www.armycivilianservice.com/>
- Civilian Navy & Marine Jobs: <http://www.secnave.navy.mil/donhr/Pages/Default.aspx>
- Civilian US Coast Guard: <http://www.uscg.mil/civilian/>
- Defense Commissary Agency (DECA) [https://www.commissaries.com/inside\\_deca/HR/employment\\_opportunities.cfm](https://www.commissaries.com/inside_deca/HR/employment_opportunities.cfm)
- Department of Education: <http://www.hawaiipublicschools.org/ConnectWithUs/Employment/JobOpportunities/Pages/home.aspx>
- Department of Land & Natural Resources: <http://dlnr.hawaii.gov/jobs>
- Federal employment: [www.USAjobs.gov](http://www.USAjobs.gov)
- Hawaii Department of Labor & Industrial Relations: <https://www.hirenethawaii.com/vosnet/Default.aspx?plang=E>
- Hawaii Job Engine: <http://www.hawaiijobengine.com/i-oahu-jobs>
- Hawaii Jobs on Demand: <http://www.hawaiijobsondemand.com>
- Hawaii State Government Jobs: <http://dhrd.hawaii.gov/job-seekers/civil-service-hawaii-state-government-jobs/>
- Hawaii State Job Opportunities <http://dhrd.hawaii.gov/job-seekers/>
- Hawaii State Judiciary [http://www.courts.state.hi.us/general\\_information/jobs/job\\_opportunities](http://www.courts.state.hi.us/general_information/jobs/job_opportunities)
- Honolulu Police Department: <http://www.joinhonolulupd.org/other/index.php>
- Navy MWR: <http://www.navymwr.org/jobs/>
- Navy Exchange (NEX): <https://www.mynavyexchange.com/nex/work-for-us>
- Military Spouse Employment Partnership (MSEP): <https://msejobs.militaryonesource.mil/msep/>
- Spouse Education & Career Opportunities (SECO): <http://www.militaryonesource.mil/education-and-employment/spouse-education-and-career-opportunities>
- Tripler Army Medical Center (TAMC) <http://www.tamc.amedd.army.mil/services/intro.html>

### **UNEMPLOYMENT INFORMATION for MILITARY SPOUSE**

- Hawaii State: <http://labor.hawaii.gov/ui/handbook-on-unemployment-benefits-2/>
- US Department of Labor: <http://workforcesecurity.doleta.gov/unemploy/uifactsheet.asp>

### **EMERGENCY SERVICES**

- **American Red Cross:** [www.redcross.org](http://www.redcross.org) MCBH- Building 579 Emergencies 1-877-272-7337 or online, <http://www.redcross.org/get-help/military-families/emergency-communication>
- **Navy-Marine Corps Relief Society** MCBH- Building 4016, (808) 257-1972 Call the local



NMCRS office: [www.nmcrs.org/locations](http://www.nmcrs.org/locations) Contact us at [volunteersupport@nmcrs.org](mailto:volunteersupport@nmcrs.org)

- Hurricane Shelter list: <http://www.honolulu.gov/demevacuate.html>
- Tsunami Refuge Center <http://www.honolulu.gov/demevacuate/tsunamimaps.html>
- Hawai'i Emergency Management Agency <http://scd.hawaii.gov/index.htm>

### **RECREATIONAL RESOURCES for HAWAII**

- MCCS Information, Tickets & Tours (ITT): <http://mccshawaii.com/recreation>
- TPHH ITT: <http://www.greatlifehawaii.com/itt/information-tickets-travel>
- MWR Schofield Barracks ITR: <http://www.himwr.com/lts>
- The Official Military Guide [www.himilitary.com](http://www.himilitary.com) *All online content is approved by the U.S.PACOM Public Affairs Office*
- MCBH: <http://mccshawaii.com/cottages/>
- Bellows Air Force Station: <http://www.bellowsafs.com/lodging-rentals>
- Pokai Bay HI: <http://pililaauarmyrecreationcenter.com/>
- White Plains: <http://www.greatlifehawaii.com/housing-lodging/navy-getaways-barbers-pt-beach-cottages>
- Barking Sands Kauai: <http://get.dodlodging.net/propertys/Barking-Sands-Beach-Cottages-PMRF---HI>
- Kilauea Military Camp (KMC) Big Island: <http://kilaueamilitarycamp.com/>
- Chamber of Commerce Hawaii: <http://www.cochawaii>

### **State of Hawaii**

- Hawaii Newcomer's Guide for Families <https://portal.ehawaii.gov/residents/newcomers-guide/>
- Department of Land & Natural Resources [www.dlnr.hawaii.gov](http://www.dlnr.hawaii.gov)
- WIC program <http://health.hawaii.gov/wic>
- Official Military in Hawaii Guide: [http://www.mybaseguide.com/marines/152/mcb\\_hawaii\\_mcas\\_kaneohe\\_bay](http://www.mybaseguide.com/marines/152/mcb_hawaii_mcas_kaneohe_bay)
- Marine Corps Base Hawaii: <http://www.mcbhawaii.marines.mil>
- Marine Corps Community Services: [www.MccsHawaii.com](http://www.MccsHawaii.com)
- Joint Base Pearl Harbor-Hickam: [www.GreatLifeHawaii.com](http://www.GreatLifeHawaii.com)
- Schofield Barracks: <https://www.25idl.army.mil>

### **Local News stations:**

- <http://www.hawaiinewsnow.com>
- <http://www.kitv.com>
- <http://khon2.com>

### **Hawaii Radio Stations:**

- [https://en.wikipedia.org/wiki/List\\_of\\_radio\\_stations\\_in\\_Hawaii](https://en.wikipedia.org/wiki/List_of_radio_stations_in_Hawaii)

### **Voting**

- Federal Voting Assistance Program, [www.fvap.gov](http://www.fvap.gov)

### **HAWAII LAWS**

- **New Smoking Law – 21 years & older:** <http://health.hawaii.gov/tobacco/home/laws/>
- <http://www.hawaiinewsnow.com/story/30849844/new-smoking-laws-go-into-effect-on-new-years-but-enforcement-wont-be-immediate>
- Hawaii Safety and Driving Laws: <https://portal.ehawaii.gov/visitors/getting-around/traffic-safety-and-driving-laws/>
- Plastic Bag Ban: [http://www.opala.org/solid\\_waste/archive/plastic\\_bag\\_ban.html](http://www.opala.org/solid_waste/archive/plastic_bag_ban.html)

- Fishing in Hawaii: <http://dlnr.hawaii.gov/dar/fishing/fishing-regulations/>
- Hunting in Hawaii: <http://dlnr.hawaii.gov/recreation/hunting/>
- Approved Hiking Trails : Department of Land and Natural Resources (DLNR) Division of State Parks <http://dlnr.hawaii.gov/dsp/hiking/oahu/>