

**KULIA
YOUTH
ACTIVITIES**

Parent Newsletter



JULY 2018

July Events to Remember

July 3

Water Day/Barbecue Lunch

July 4

**Closed in observance of
Fourth of July**

July 5

**Hawaii Nature Center Field
Trip Bus leaves @ 8:30/
Return to SAC @ 1:45**

July 12

**Splash Park
(kindergarteners)
MCBH Pool (1st-6th) 12-2**

July 19

**Hawaii Mandarin
Academy (Kulia) 10-2**

July 25

**Sea Life Park Field Trip
Bus leaves @ 8:30/Return to
SAC @ 3:00**

Island Hoppin' Adventure Camp is in full speed here at Kulia Youth Center, and we are happy to say the kids are having a lot of fun! Each week we strive to create a fun-filled theme week for the children enrolled. Our first week, we got to know all of our new campers "Aloha Style" with many Hawaiian-themed activities. During our second week, the kids made superhero costumes and capes, and some kids even dressed as their favorite superhero on Wacky Wednesday. We also went on our first field trip to K-Bay Gymnastics. For the third week, we had a bounce house and enjoyed some Cosmic Bowling. For our STEM week, we created slime, erupted a volcano, and the MCBH Base Library visited our center. We will finish the summer with Party in the USA, Retro Week, Around the World in 5 Days, Jungle Safari Party, and Survivor: Mission Possible.

Please bring in a white t-shirt for your child to make a tie-dye shirt during July 2-6, the children will be wearing them during Retro Week.

Reminders

We are 100% ID check facility. Please make sure you have your ID and show it at the front desk when you drop off and pick up your children.

Many of you have filled out authorization forms for sunscreen. Please remember to bring in non-aerosol sunscreen for outside play and field trips. If we do not have sunscreen at the center for your child, we will not be able to apply it. Please apply it to your child in the morning before dropping them off and we will re-apply in the afternoon.

We are here to provide a fun and safe learning environment for your children. The SAC Program requires children to follow rules that were developed with help from your children. The rules are posted in each classroom and reviewed daily. If children exhibit inappropriate behavior (fighting, hurting others, bullying, leaving the classroom unattended, inappropriate language, destroying property, etc.) the staff will offer positive guidance and redirection; however, for children who are not able to conform to appropriate behavior, a call will be given to the parents to pick up their child for the day. Continued bullying, ongoing aggressive or harmful behaviors, upon return to the program will lead to suspension, followed by disenrollment from the SAC program. The teachers make every effort using positive guidance and conscious discipline techniques to work with the children through challenging times. Parents are asked to reiterate the rules to their child and help to ensure a positive experience for every child.

Building Information

Mailing Address:
P.O. Box 63073
Kaneohe Bay, HI
96863-3073

Phone:
808-257-2030

Tax I.D. Number:
99-0267668



4th of July Oahu

This 4th of July, join the Aloha State in celebrating freedom with exciting fireworks shows and events:

- * ALA MOANA BEACH PARK FIREWORK SHOW: July 1-4/start at 8:30p
- * NORTH SHORE FIREWORKS: All day festivities at Turtle Bay Resort starting at 2p-8p.
- * KAILUA PARADE, AIRSHOW, AND FIREWORKS: parade starts at 10 am, Airshow 6:00 pm, Fireworks 8 pm-8:30 pm

For more info go to: https://www.smartdestinations.com/blog/4thofjuly_oahu/

Mokapu Elementary School starts back on Tuesday, August 7, 2017

Here are a few tips to help your child ease back into school

Back-to-school anxiety is normal and understandable. Many kids may feel anxious about going back to school after a long summer break. Others may feel nervous about starting school for the first time. Whichever the case may be, parents can help ease the transition to back to school with these simple strategies.

Stay Positive — A parent's attitude has a strong influence on how children view the beginning of school. If you're excited for school to start, your children will follow your lead.

Create Routines — Establishing daily routines at home at the start of the school year (or even before) can also help children adjust. Doing this directly benefits their work in the classroom, where their day is full of routines.

Create fun traditions — Having an annual ritual can help bring in a new school year. It also can become a treasured tradition for the school years to come!

Be available — especially right before back to school time and during the first few days back. Try to drop off at school or pick up in the afternoon and have an early dinner together. Spend time talking to your child about their day and answer any questions they might have. By giving your child more attention, you help them feel more secure and confident, and make their transition back to school time much easier.

Make sure your child gets enough sleep and eats a healthy breakfast. Getting adequate sleep and eating a healthy diet – especially a protein-carbohydrate balanced breakfast -- is important for brain function, mood and the ability to focus.

Resource: <https://www.schoolfamily.com/school-family-articles/article/10799-ease-back-to-school-stress>

Patriotic Fruit Pizza

Ingredients

- 1 pkg. (16.5 oz.) refrigerated sugar cookies, sliced
- 1 pkg. cream cheese, softened
- 1/4 cup powdered sugar
- 1/2 tsp. vanilla
- 1 cup sliced strawberries
- 2/3 cup blueberries
- 2/3 cup raspberries
- 1/2 cup blackberries



Instructions

1. Heat oven to 375°F
2. Line 12 inch pizza pan with aluminum foil; spray with cooking spray.
3. Place cookie dough sliced in a single layer on bottom of pan; press to completely cover bottom of pan. Bake 14 minutes or until edge is lightly browned; cool completely.
4. Invert cookie crust on plate; carefully remove foil. Turn crust over on plate.
5. Beat cream cheese, sugar, and vanilla with mixer until blended; spread onto crust. Top with berries.
6. Refrigerate 2 hours and enjoy!

New to SAC for 2018-19

Parent Orientation for incoming School Age Care (SAC) participants Wednesday, August 1. All parents who have registered for their children to participate in the 2018-19 SAC Program are invited to attend.

- Gain insight about the program and the weekly activities offered
- Learn where children meet at Mokapu Elementary to be escorted to SAC
- Any Questions/Concerns can be asked & addressed

Please call Kulia Youth Activities at 257-2030 for more information!

