

PARENT NEWSLETTER

KULIA YOUTH ACTIVITIES

JUNE 2018



DATES TO REMEMBER

June 1
Non-school day

June 4
First day of camp

June 8
MCBH Theater

June 11
King Kamehameha Day

June 14
Field Trip: Dance Movement Academy

June 15
Brownies w/Dad

June 17
Father's Day

June 21
Field Trip: Cosmic Bowling

June 28
Splash Park
(kindergarteners)
Pool (1st-6th grade)

Building Information

Mailing Address:
P.O. Box 63073
Kaneohe Bay, HI
96863-3073

Phone:
808-257-2030

Tax I.D. Number:
99-0267668

Kulia Island Hoppin' Adventure Camp 2018 Weekly Themes

Week 1: June 4-8

Aloha Summer !

Getting to know new friends, create a group surfboard, jewelry making, and limbo challenge

Wacky Wednesday: Luau Gear

Special Guest: Semper Fits Kids & Hula

Field trip: MCBH Theater

Week 2: June 11-15

Superhero You

Design and create superhero costumes or capes, superhero team games, Brownies w/Dad

Wacky Wednesday: Dress as a superhero

Special Guest: Semper Fit Kids Zumba

Field Trip: Dance Movement Academy – K-Bay Gymnastics

Week 3: June 18-22

A Galaxy Far, Far Away

Wacky Wednesday: Star Wars

Drawing and creating 3D art and jumping into outer space (bounce house)

Special Guest: Semper Fit Kids

Field Trip: Cosmic Bowling

Week 4: June 25-29

Full STEM Ahead

Create slime, erupt a volcano, STEM activities

Wacky Wednesday: Wear crazy socks

Special Guest: STEM w/Base Library

Field Trip: MCBH Pool/Splash Park

Week 5: July 2-6 (CYP Closed, July 4th)

Party in the USA

Wacky Tuesday: Wear red, white, and blue

Patriotic crafts, water activities, make tie-dye shirts, and Popsicle day

Special Event: Invite parents to a lawn game and barbecue

Field trip: Hawaii Nature Center

Week 6: July 9-13

Retro Week

Old fashioned games and crafts, dance party, and ice cream social

Wacky Wednesday: Wear tie-dye

Special Guest: Hip Hop w/Ms. Di

Field Trip: MCBH Pool/Splash Park

Week 7: July 16-20

Around the World in 5 Days

Kids will "travel" to Australia, Japan, China, Mexico, and more!

Multi-cultural crafts, games, and food

Wacky Wednesday: Crazy Hair Day

Special Guest: Hawaii Mandarin Academy

Field trip: MCBH Theater

Week 8: July 23-27

Jungle Safari Party

Arts & crafts, animal, nature and outdoors activities.

Wacky Wednesday: Wear animal print or animal shirts

Field Trip: Sea Life Park

Week 9: July 30-August 3

Survivor: Mission Possible

Wacky Wednesday: Wear your favorite pajamas

Minute to Win It challenges, puzzles, survival skills, teambuilding activities, and S'mores

Special Event: Game Day/Pizza Party

The First Day of Camp—June 4

- Wear comfortable clothes and closed-toed shoes with a back.
- Bring water bottles labeled with name (it can be stored in your child's cubby)
- Bring a healthy lunch from home daily (that does not require heating or refrigeration)
 - **All CYP programs are peanut, nut, & shellfish free**
- Sunscreen (**no aerosol spray sunscreen will be accepted**)
 - We ask parents to apply sunscreen before dropping your child off. Staff will reapply sunscreen in the afternoons prior to outdoor activities. If you want sunscreen applied to your child while in our center, please stop by our front desk and fill out the authorization to administer medication
- Please bring a white t-shirt to make a tie dye shirt (Week 5)
 - **Last day to bring a shirt is June 29**

Open communication— If your child will miss a day of camp, please call us and let us know 808-257-2030

Open door policy—Parents are welcome in our center anytime. Stop by, check out what's going on, & get involved

Breakfast will be served from 8-9. Lunch will be from 11-12. Snack will be from 2:30-3:30. We may slightly adjust times as needed on field trip days. Please read the camp info white-board for weekly events, times, and items that are needed from home.

Safety Reminders: *In order to ensure the safety of all children during field trips, children will need to follow the rules daily. Any children that are not able to follow the rules (i.e. fighting, inappropriate language, leaving the classroom or group) will be unable to attend the scheduled field trip for that week.*

Children will be given weekly "High 5" cards to earn incentive stamps towards our weekly SACER party every Friday. Children can also earn prizes for every 5 stamps that they earn.

HOMEMADE LEMONADE

INGREDIENTS:

- 1 cup sugar
- 1 cup water
- 1 cup lemon juice (4-6 lemons)
- 3-4 cups cold water
- Fresh strawberries (optional)

DIRECTIONS:

Make a simple syrup by heating sugar and 1 c. water in a small saucepan until dissolved.

Juice Lemons—add juice and sugar water to a pitcher. Add 3-4 cups of cold water more or less to taste.

Serve over ice and garnish with lemon slices. Add fresh strawberries for strawberry lemonade



Summer Activities in Hawaii



- Go to a farmer's market (try a new local food)
- Attend a luau and enjoy the show!
- Visit Eat the STREET; the last Friday of every month at the Kakaako Water park
- Learn a water sport like surfing, kayaking, or paddle boarding
- Visit the North Shore & watch for turtles
- Shop at Aloha Stadium's Swap Meet and drink ice-cold coconut water straight from the coconut while shopping
- Hike Koko Head stairs ; O'ahu's natural stairmaster, 1,000 steps up, with a beautiful view of the island
- Drive around the island—in Hawaiian, it's called "holo holo" or leisure ride.
- Stop at the Pali lookout for a scenic view, Byodo-in temple for a peaceful and zen atmosphere, and the Dole Plantation for their famous pineapple whip and garden maze
- Build a bucket list with your family and start exploring and making memories together on this beautiful island!



The Emoji Dance on May 18 was a success! Over 100 youth and teens attended the dance. The next dance will be a "Glow Dance" on August 17 from 6:30-9:00. Just a reminder that any military-connected children between the ages of 10-17 can attend our dances. We can't wait to see everyone then!