

# Parent Newsletter

Kulia Youth Activities

May 2019

## Dates to Remember:

**May 1**  
Hawaiian Lei Day

**May 3**  
Cinco de Mayo Fiesta 1500-1600

**May 6-10**  
Teacher Appreciation Week

**May 10**  
Mother's Day Tea 1500-1630

**May 12**  
Mother's Day

**May 22**  
Pizza Making Party-1330

**May 24**  
SAC Closes at 1200  
All Hands Training

**May 27**  
Memorial Day, CYP Closed

**May 31**  
Mokapu Last Day of School  
Ice Cream Social-1500-1600

## Building Information

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Anchored4life



COMMUNITY • INTEGRITY • ACCOUNTABILITY

## Adventure Is Out There...

Aloha Parents! The countdown to summer is on and your children have worked really hard all year. To celebrate the hard work, kick off summer and celebrate the last day of school, we will have an ice cream social on 31 May from 1500-1600. Parents and siblings are welcome to stop in and enjoy a cool treat too!

Kulia has an awesome 9 weeks of summer planned for this year's "Adventure is out there..." 2019 Summer Camp. Our staff have been working diligently to plan fun activities, field trips, and special visitors that we know your children are going to love and remember. This year we have included speciality camps like soccer, cooking, and basketball. We will also run BGCA Clubs, to include Summer Brain Gain, Smart Girls, and Triple Play. We are so excited and looking forward to a summer full of learning and adventure!

Week 1 (June 3-7) – How Far I'll Go (All About Me!).

Week 2 (June 10-14) – Some People are Worth Melting For-Friendships

Week 3 (June 17-21) –Yo Ho, Yo Ho. A Pirates Life for Me

Week 4 (June 24-28) – Life is a Highway.

Week 5 (July 1-5) – Earth's Mightiest Heroes.

Week 6 (July 8-12) – A Long Time Ago in a Galaxy Far, Far, Away.

Week 7 (July 15-19) – Be Our Guest

Week 8 (July 22-26) – Keep Calm and Hakuna Matata

Week 9 (July 29-August 2) – End of Summer supercalifragilisticexpialidocious!!



Are you ready for a hurricane?

Here in the Hawaiian Islands, with the arrival of the summer months, also comes hurricane season (June – November). Every year the Pacific Ocean is home to a number of hurricanes that visit our waters, but never make landfall. Are you prepared for the one that decides to stay? Our SAC participants will be learning about hurricane readiness this summer and participating in a Summer Hurricane Preparedness poster contest. Keep an eye out for hurricane awareness activities within the community. Don't be caught off guard, be ready!

Check out the following websites for preparedness tips:

NOAA's National Hurricane Center-  
<http://www.nhc.noaa.gov/prepare/ready.php#planact>

MCBH- <http://www.mcbhawaii.marines.mil/Unit-Home/Featured-Information/Disaster-Preparedness/>

## From the Director:

The Month of the Military Child was a great success! We are privileged to be able to work with such special and unique children.

Kulia SAC is excited to welcome several new children to our program. We are happy to have them join us and look forward in getting to know them and their families better.

We would also like to welcome our new staff to Kulia. They all come with prior child care experience. Please take the time to say hello and welcome them to our program.

The week of May 7-11 is Teacher Appreciation Week. We love working with your children and watching them learn, grow, and blossom into young adults. To celebrate the SAC staff and let them know they are appreciated, let's do something a little special for them this week. A table will be set up in the lobby for parents and children to write notes of thanks for the staff. A staff luncheon is planned for May 9<sup>th</sup> and parents are welcome to provide a special dish or treat. A sign-up sheet will be posted at the front desk. Mahalo!

"Realizing little dreams helps to have faith in having big dreams."  
-Virginia Satir

## Wrapping Up the School Year

### Celebrate accomplishments and ease separation anxieties

The end of the school year brings the joy of finishing another year and perhaps some sadness from leaving behind a year filled with great experiences, teachers, and friends. Consider that this may be a bittersweet time for your child and help them celebrate the transition!

#### Communicate and Connect

The daily life and structure of school that your child has grown used to is about to end. Your child may be simply overjoyed to enter the free and easy days of summer, but more likely, your child is probably experiencing some nervousness about leaving the familiar world of school. Will friends be seen over the summer? Will the same teachers be there next year? Ease any anxiety associated with the end-of-school days with the following tips;

-  Let your child know that he/she doesn't have to feel unequivocally happy about school ending, even though classmates may seem through-and-through ecstatic about the prospect of summer vacation. Relate a personal story about a time you were sad to leave school, or talk with your child about what aspects of school they will miss.
-  Help your child keep in touch with classmates. Make plans to see friends over the summer by arranging a few playdates so your child has something to look forward to. If your older child has an email account, encourage them to keep in touch by computer.
-  If your child is attached to their teacher, have him or her write an end-of-year thank-you letter or card, or create some other kind of remembrance. Working on the project will help your child feel connected to the teacher and allow your child to give a gift that will last.
-  Finally, if your child is anxious about a new building or new grade, arrange a visit while this year is still in session. If that's not possible, schedule a time during the summer to make the trip or find out if there will be an orientation. Letting your child know they don't have to walk into a new situation sight-unseen will help ease "first-day-back" worries.

#### Celebrations and Closure

Your child's school has an assortment of end-of-school activities and celebrations. Encourage your child to take part in the planned activities, so he or she can gain a sense of closure and accomplishment while commiserating with peers about feelings concerning the end of school. Don't forget to tell your child how proud you are! If your child is graduating from elementary to middle school, have a special celebration to commemorate the event.

-  Spend time remembering the year with your child. Consider making a scrapbook of memories and writing down some of the year's major events and accomplishments. To get started, have your child write a letter to his/herself, telling the August-self about what it's like to be finishing school now.
-  Finally, remember that however your child does on the report card, it is vital to praise and encourage all accomplishments.

Resource: scholastic.com

## Month of the Military Child

Our celebration of the Month of the Military Child was a great success. Much Mahalo to all the families that provided items for our family BBQ. Mahalo to Alayah-Skye and Christopher's moms for lending her time and talents in painting and in cupcake decorating. More Mahalo's to all our visitors that shared their expertise and time with our children. The children enjoyed all our visitors and special activities!!

## Baked Crescent Churros

### Ingredients

- 2 Tablespoons sugar
- 1 teaspoon ground cinnamon
- 1 can (8 ounces) refrigerated crescent dinner rolls or Crescent Dough Sheet
- 2 Tablespoons butter or margarine, melted



### Steps

1. Heat oven to 375 degrees. In small bowl, mix sugar and cinnamon; set aside
2. If using crescent rolls: Unroll dough; separate into 4 rectangles. Press each to 6x4-inch rectangle, pressing perforations to seal. If using dough sheet: Unroll dough; cut into 4 rectangles. Press each to 6x4-inch rectangle.
3. Brush tops of 2 rectangles with melted butter; sprinkle with about half of the sugar mixture. Top each with remaining rectangle; press edges lightly. Brush tops with melted butter.
4. With pizza cutter, cut each rectangle stack lengthwise into 6 strips. Twist each strip 3 times; place on ungreased cookie sheet.
5. Bake 9-11 minutes or until golden brown and crisp. Brush tops with any remaining butter; sprinkle with remaining sugar mixture.

## Program Reminders

-  All patrons dropping children off and picking children up from SAC must show valid photo ID to the Kulia front desk staff and in the classroom. Children will not be released to any other person without written permission from a parent/legal guardian. Authorized pick up names must appear on the Emergency Contact List or Authorization to Pick-up form in the child's file.
-  Also, we ask that parents call the center and let the front desk staff know if their child will not be attending SAC or will be absent for an extended period of time.
-  All children and staff must wear closed-toed shoes with a secure back.
-  During summer camp, parents are responsible for providing nutritious lunches for their child that does not require refrigeration or heating. Candy and sodas are not authorized. **All CYP programs are nut, peanut, and shellfish-free facilities.**
-  Once camp starts, parents are encouraged to apply sunscreen prior to drop off. SAC staff will administer an application of sunscreen after lunch for PM outdoor play upon completion of an Authorization of Dispensing Medication form. Parents are responsible for providing non-aerosol sunscreen. A sun hat for outside play is encouraged.
-  Summer camp can be the highlight of the summer for your child. Before your child's first day at camp, please take the time to go over our Camp Rules. Safety should be at the heart of any camp program, and in order to keep campers safe, certain rules will apply to everyone and will need to be followed each week to be able to attend on and off installation field trips. Fighting, inappropriate language, and leaving the classroom and/or group unattended will not be tolerated. Knowing the rules ahead of time will help your child stay safe and allow them to earn incentive stamps to use towards the prize box and ice pops at the end of the week.

### "Give Me 5" Respect

Listening ears  
Quiet mouth  
Still bodies  
Eyes on me  
Set a good example

