



June 1 • 0700
Start/Finish

Across from Pollock Field (on Third Street)

\$2 per person or \$20 per 20-person formation

NO PETS ALLOWED

Complete registration form and send payment to:
Rachelle Winkler
Health Promotion Coordinator, Bldg 244
Email: rachelle.u.winkler@usmc-mccs.org
Phone: **254-7636**

Registration form available on reverse and online:
MCCSHawaii.com/101days



No USMC or Federal Government endorsement of sponsors.



PLEASE PRINT CLEARLY IN INK & COMPLETE FULLY

Last Name _____ First Name _____ Rank _____

Address _____

City _____ State _____ Zip _____

Work Phone _____ Home Phone _____

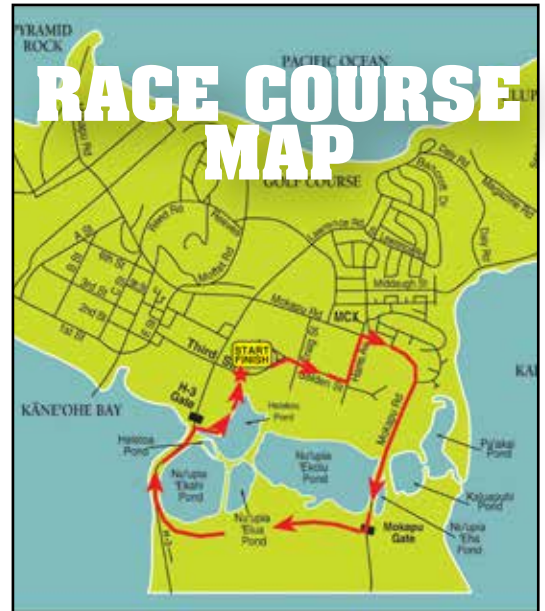
Make check payable to: **MCCS 0910**

Pay At: **MCCS Semper Fit Center, MCBH Kaneohe Bay, HI**

Total enclosed \$ _____

MCBH MAJOR COMMAND:

- | | | |
|----------------------------------|---|--------------------------------------|
| <input type="checkbox"/> HQBN | <input type="checkbox"/> CAMP SMITH | <input type="checkbox"/> CLB-3 |
| <input type="checkbox"/> 1/12 | <input type="checkbox"/> MCAS | <input type="checkbox"/> 3D RADIO BN |
| <input type="checkbox"/> CPRW-2 | <input type="checkbox"/> HQ 3D MARINE REG | <input type="checkbox"/> MAG-24 |
| <input type="checkbox"/> 1/3 | <input type="checkbox"/> 2/3 | <input type="checkbox"/> 3/3 |
| <input type="checkbox"/> MALS-24 | <input type="checkbox"/> VMM-268 | <input type="checkbox"/> VMU-3 |
| <input type="checkbox"/> HSM-37 | <input type="checkbox"/> OTHER _____ | |



WAIVER & INDEMNITY AGREEMENT (MUST BE SIGNED)

In consideration for me and/or my son/daughter to participate in the Marine Corps Community Services (MCCS) Nuupia Ponds Fun Run at Marine Corps Base Hawaii, Kaneohe Bay (hereinafter called event), I hereby take the following actions for myself or anyone else who might claim or sue on my behalf: **(a)** I acknowledge that the event includes running activities and is an arduous test of a person's physical and mental limits and carries with it the potential for death, collision, serious injury and property loss; **(b)** I acknowledge that certain detrimental physiological changes may occur while I participate in the event, including but not limited to heat exhaustion and stroke; abnormal heart beat; abnormal blood pressure; and, in rare instances, heart attack; **(c)** I acknowledge that there may be other participants in the event and that their actions may be unpredictable; **(d)** I certify that I am physically fit and have not been advised against participation in the event by a qualified health professional; **(e)** I agree that, prior to participating in the event, I will inspect the event facilities, equipment, and areas to be used and if I believe any are unsafe, I will immediately advise a person supervising the event; **(f)** I assume all risks associated with the event, including, but not limited to adverse road conditions; falls; contact with other participants, effects of weather, my personal physical condition; motor vehicles on the event course; and lack of hydration; and **(g)** In connection with the event, I forever release from all liability under the Federal Tort Claims Act, acquit and discharge from all known obligations, losses, damages, liabilities, injuries, claims, demands, actions, causes of action and expenses, including without limitation, attorney's fees and costs, the following persons or entities: United States Government including MCCS and the United States Marine Corps, and the employees, representatives, sponsors and agents of the above. **(h)** I further grant full permission to the United States Marine Corps and Marine Corps Community Services to use any photographs or media taken by MCCS of me (or my child) for any purposes. I understand that I do not own the images and no further payments are due to me in regards to them.

Signature

Date