



Dates to Remember

October 5

CYP Closes at 1200 for All Hands Training

October 8:

Columbus Day
CYP Closed

October 9-12

Fall Break

October 25

BGCA Lights on Afterschool – Zumba w/Ms. Di 4-4:30

October 26

Halloween Teen Dance 6:30-9:00 pm (ages 10-17)

October 31

Halloween

Building Information

Mailing Address:
PO Box 63073
Kaneohe Bay, HI
96863-3073

Building Address:
6753 Lawrence Road
Kaneohe Bay, HI 96863

Phone: 808-257-2030
Director—808-257-2029

Tax I.D. Number:
99-0267668

Halloween Safety for Kids & Teens

Kids love Halloween! They get to dress up and get free candy! What a perfect holiday!

Some of your children already know things that they can do to be safe, like how to cross the street, not to talk to or go with strangers. We as adults know how exciting Halloween can be, which may make your children focus less on safety. Here are some tips just for kids, to help keep them safe during the Halloween season.

Pumpkin Carving

Remember to only use child-safe cutting tools while carving pumpkins, even as an adult. Kids learn by watching you, show them how to use carving tools appropriately and safely.

Costumes

Encourage your child to dress up and ensure their costume doesn't obstruct movement, visual impairment or pose a trip hazard. Stick to material that is form fitting and comfortable. Face painting is the safest mask.

Trick or treating

Never go into a stranger's house or go close to their house unless supervised by your parents or adult. Always make sure you are within sight of your parents and friends when you go out trick-or-treating.

Candy:

Remember to make sure you and your parent go through and check all the candy that you are keeping. The candy should be in sealed packages with no evidence of tampering. If you have allergies to certain foods, be extra careful when opening or eating the candy in your bag.

Pets:

Yes, your pet looks absolutely adorable in that costume! Keep in mind, your fuzzy family member might not be as thrilled with the outfit. Feel free to get that amazing photo, but respect the fact that your pet may want to get out of those duds as soon as possible. Make sure the outfit is comfortable, and pay special attention to straps that may impinge upon the neck and areas where the extremities meet the body. Never leave a pet unaccompanied in a costume to avoid any "wardrobe malfunctions!"

Resource: safekids.org



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Got Keiki?



We here at Child & Youth Programs value our Keiki and ask that you adhere to all the protocols set forth by **Base Order 5500.15B** in regards to child supervision and vehicle safety.

1006. Attending Children: a responsible person must attend children five years old and younger at all times aboard MCBH. Children between six and nine years old must be attended by a responsible person at all times while at beaches, theaters, swimming pool and other public areas (outside the family housing areas) excluding neighborhood playground.

*Before leaving any vehicle, stop the engine, lock the ignition, remove the ignition key from the vehicle, set the parking brake, and turn the front wheels to the curb or side of the road.

*Do not leave any child under 10 years of age in a parked vehicle without proper supervision. Do not leave any vehicle occupied solely by a person who cannot readily exit in the case of an emergency.

PMO will be contacted and tickets will be issued.



OCTOBER

NATIONAL BULLYING PREVENTION MONTH

The latest research shows that 1 in 3 children are directly involved in bullying as a perpetrator, victim, or both. Many of those who are not directly involved witness others being bullied.

Here are the top actions recommended to parents to help address and eliminate bullying:

1. Talk with and listen to your kids—everyday. Adults are usually the last to know when children are bullied or bully others. Engage your children in conversation about their day and social lives.
2. Spend time at school. Bullying usually happens when adults are not present.
3. Be a good example of kindness and leadership.
4. Learn the signs.
5. Create healthy anti-bullying habits with your child.
6. Teach your children to be a good witness or positive bystander.

Bullying Prevention Events at SAC

October 1-5

Make friends with someone that you don't know. We will have a "Kindness Dance" on Thursday, October 4.

October 9-12

Do one act of kindness for someone. Be kind and pass it on. Write down your random act of kindness.

October 15-19

Stand up for others. When you see someone being bullied, be brave and stand up for them. Bullies have been known to back off when others stand up for victims. Write positive messages on post-its to share.

October 22-26

Week of Inclusion. Include others to join you in games or activities. Invite someone that you don't know to sit next to you. Ask questions to learn about each other.

October 24

Wear ORANGE for Unity Day—Together Against Bullying.

October 29-31

Make a unity chain. Ask the children what they will do to help make SAC a safer place for kids.



Kulia Youth Center
HALLOWEEN DANCE
Friday | October 26, 2018
1830-2100
Ages 10-17 years old

• \$3 presale CYP members | Begins Oct 1
• \$4 presale Non-CYP members | Begins Oct 1
• \$6 at-the-door CYP members
• \$8 at-the-door Non-CYP members

• Wear orange and black. Please no masks.
• Light refreshments for purchase
• Bring a friend

YOUTH ACTIVITIES **MCICS**
MARINE COUNTY ILLINOIS

For more information call: 257-2030

REMINDERS

-If your child is enrolled in the After School Program we ask that parents please give a courtesy call to inform us if your child will not be needing care after school.

-Please remind your child to report to the SAC Program meeting tree immediately following school to prepare for the walk back to Kulia.

-Child Care payments are due the 1st and 15th of the month.

-It's a good idea to keep a change of clothes for your children in their cubbies. Anything can happen-spills, rain, or accidents.

A big thank you to Laura Horn from DEFY for coming to the center and doing a very informative parent workshop on bullying. We look forward to working more with Laura planning workshops for parents, staff, and our children. Resources from the workshop are available at the front desk for those who were unable to attend.